

## **Reset Chapter 2 (A reason to live)**

### **Questions for discussion**

#### **1. Life is a gift so what will you do with it?**

Imagine building something for a reason. Oddly enough, what if that creation decides to be something else different than you intended. You still need what you intended to build in the first place. That is the way God looks at you. He crafted you to be something specific and unique in this world. You have a purpose. This life is not here by accident as some would believe. All you are within your talents and desires work together. Who are you supposed to be?

*“When we’re sick, we want to live. When we’re deathly ill we might just want to die. While at Disneyland, we want to live forever. In a break-up, we feel like dying. There is something within us that puts value on life. Some people cherish the life they have while others can’t wait for it to end. The fact remains that we are alive and we can embrace it, end it, or change it. God is said to give life to his people. If life is given then life is a gift. What will you do with that gift?” Chapter 2, p, 1*

#### **2. Which type of person are you?**

I struggled with this portion of the chapter. I hate pigeon holing people into categories. Still, there is some value of placing yourself within a scale. People ask you if your rich, middle class, or poor. In a way I am asking the same question. Are you vibrant with life or just getting by? Where do you place yourself on the scale?

*“There are three kinds of people the way I see it: “Livers”, “Survivors”, and the “Walking Dead.” Each one takes life and grades it. It can be a 10 if we let it; a 5 and we scrape by; or a 0 and we are named Eeyore the pin tailed donkey from “Winnie the Pooh.” Three people co-existing in the same room in many instances. Each one is cordial to each other but they look at their own lives differently. They look at the other two lives differently too. I think we need all three types to make a great society. Each one has a role in the others’ lives.” Chapter 2, p, 1*

#### **3. What do you hope and trust in?**

The tricky part of life is trust. People will certainly let you down. I have even let myself down. Who do you trust? We can trust by experience because things change from day to day. Maybe trust is connected to “Hope.” We have made “Hope” look like we wish it will happen. Hope is more like knowing it will happen and trusting that the day will come. A pregnant woman longs and hopes for the birthing day. When the baby is secure in the her arms that hope is realized. What did you once hope and trust in?

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*“What we get is a clear picture of Gods heart for us. If we chose to live and we chose to believe then we will have hope in God, and hope in life too. No matter whom you are: a “Liver”, “Survivor”, or the “Walking Dead” you can have hope. “Hope” is not just a mere expectation that God will. It is a belief and trust that hope in God is a sure thing. Once you have experienced the love of God all is never the same. The Love of God gives hope and it gives a reason to live beyond the troubles of our day.” Chapter 2, p, 8*

### **4. Do you connect experience to hope?**


They say “Once bitten twice shy.” That is true, but one experience cannot cover how you live the rest of your life. A man survives a plane crash and never flies again. Another man survives as well, but he buys the airline to help make it safer. Who is wrong or right in those similar situations? Hope is like saying we can and will rather than the opposite. How we look at our experiences will shape us. Experiences change but we remain. Is your hope and trust solid or does it change with the times like leaves in the wind?

*“A child accepts people by trust and faith. Their hope is so strong that they expect to be fed and clothed. When do we adults lose that type of hope? Why can’t it remain? Life will do that to us. Despair can make hope hard to handle. Blind trust seems foolish to the adult. Jesus said to not hinder the children from coming to him. It’s time we tell life to do the same thing. Our negative experiences have hindered us from believing in God the way we were supposed to. Our negative experiences have tried desperately to hinder us from believing in ourselves too. It’s time to reset ourselves.” Chapter 2, p, 9*

### **5. Do you have a physical and spiritual side?**

We all are connected spiritually. We are not connected physically. Have you ever felt weird about someone that you have never talked to or touched? There is some sort of connection we have with this world that is not visible. It’s called the spiritual. We need both to survive. I love having a hug or giving a kiss. On the other side we need discernment and intuition about things. God fuels our spiritual side to help us be complete in this world. Do you have a healthy spiritual side?

*“In the last chapter I told you that Dr. Laura reminded me I had a spiritual side. She went on to say “We need it.” Do we? We (As people) are many things. We are a boy or girl; strong and weak; and we are also flesh and spirit. The word Metaphysical means: “The combining of these two concepts.” How does the spirit combine with our physical bodies? An interesting problem is discussed in a Metaphysical debate. A person loses his head while another person loses his body. The doctor combines the remaining*



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*parts together to make a new person. The question is: who died and who remains?"*  
Chapter 2, p, 10

### **6. Do you believe you have purpose in this world?**

They say no person is an island. Some don't believe that but each one of us is connected on this planet. The internet has proven that. I have people that I have never met but were friends through the internet. They have encouraged me as I them. I have inspired and caused trouble at work. I affect those I come in contact with. God made us special so that we could bless others with something a little bit different from themselves. If things aren't working in life maybe it means you're not doing the right things you were meant to do?

*"One last thought. It is time to reset: a time to change course. Solomon wrote in Ecclesiastics 3 there is a time for everything under the sun. It's time to believe again. We all have faith: faith in God; and faith in ourselves. Some have faith in the spiritual and they don't call it God. It's time to go back and realize that you have always believed. When you were a child you believed in yourself. It's time to re-believe in God too. Believing in God changes you but only for the better. Many parts of who you are will always remain. All the work and experiences God has allowed in your life mean something. That experience is not for nothing." Chapter 2, p, 13*